

EAST COMMONS SUNDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
Bacon Cheddar Frittata
Oatmeal
Turkey Bacon
Fried Pork Chops
Potatoes O' Brien

LUNCH

Breakfast for Lunch

DINNER

Chicken Enchiladas
Baked Tilapia w/ Pico de Gallo
Mexican Style Corn
Spanish Yellow Rice
Fresh Steamed Broccoli
Cumin spiced Carrots w/ Red Pepper
Vegetarian Meatless Lasagna
Parmesan Polenta

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Sesame Chicken
Mongolian Pork
General Tso's Cauliflower

SIDES

White, Brown & Fried Rice
Garlic & Ginger French Fries
Egg Rolls
Seasoned Noodles
Garlic Broccoli
Steamed Oriental Vegetable Blend

ACTION STATION

NACHO BAR

Pile your plate high at our nacho station with plenty of proteins and toppings to choose from.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Barbecue Chicken Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Crispy Chicken Sandwiches
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Lemon Muffins
Cinnamon Brown Sugar Muffins

DESSERT BAR

LUNCH & DINNER

Chocolate-Praline Pecan Cake
Chocolate Chip Cookies

- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.

EAST COMMONS MONDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
3 Cheese Frittata
Oatmeal
Turkey Sausage Links
Pork Sausage Links
Tater Tots

LUNCH

Grilled chicken w/ Pesto Cream Sauce
Baked Ziti
Grilled Zucchini
White Rice Pilaf
Steamed Vegetable Blend
Roasted Button Mushrooms
Vegetarian Stuffed Peppers
Steamed Broccoli

DINNER

Chicken Parmesan
Stuffed Shells w/ Garlic Cream Sauce
Herb Crusted Potatoes
Corn on the Cob
Steamed Green Beans
Sautéed Spinach w/ Bacon
Vegetarian Grilled Plenta w/ Romesco
Steamed Vegetable Blend

MONGOLIAN GRILL LUNCH & DINNER

ENTRÉES

Madras Curry Chicken
Beef and Broccoli
Curried Tofu

SIDES

White, Brown & Fried Rice Stir Fried Cabbage
Garlic and Ginger French Fries Summer Vegetable Stir Fry
Egg Rolls
Seasoned Noodles

ACTION STATION

POWER BOWL BAR

Build yourself a hearty meal with a range of filling proteins, grains, vegetables, and dressings.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Margherita Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Buffalo Chicken Wraps
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Confetti Muffins
Blueberry Loaf Bread

DESSERT BAR

LUNCH & DINNER

Vanilla Cake w/ Cookies & Cream Icing
Fudgey Chocolate Brownies

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EAST COMMONS TUESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
Denver Scramble
Oatmeal
Turkey Sausage Patties
Pork Sausage Links
Breakfast Potatoes

LUNCH

Chicken Fricassee
Smothered Steak
Buttered Corn
Garlic Mashed Potatoes
Honey Glazed Carrots
Southern Style Green Beans
Vegetarian Falafel Sliders
Sautéed Green Beans

DINNER

Roast Round Top
Rosemary Lemon Pepper Chicken
Creamed Spinach
Black Eyed Peas w/ Rice
Broccoli w/ Cheese Sauce
Sautéed Summer Squash Medley
Vegetarian Spinach Lasagna
Lima Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Taco Chicken
Taco Beef
Southwest Meatless Crumbles

SIDES

Mexican Style Rice
Grilled Tortillas
Refried Beans
Beef Chili
Queso Cheese Sauce
Assorted Burrito Toppings

ACTION STATION

ASIAN NOODLE BOWLS

With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect bowl for you.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Hawaiian Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Andouille Po-Boy w/ Creole Sauce
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Chocolate Chip Muffins
Banana Overnight Oats

DESSERT BAR

LUNCH & DINNER

Rice Krispy Treats
Chocolate Cake w/ Chocolate Frosting

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EAST COMMONS WEDNESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
Chorizo Frittata
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

LUNCH

Broccoli and Shrimp Alfredo
Baked Lemon Pepper Chicken
Loaded Baked Potatoes Wild
Rice Pilaf
Lima Beans
Fried Okra
Vegetarian Stuffed Shells w/
Garlic Cream Sauce
Israeli Couscous Risotto

DINNER

Tuscan Garlic Chicken
Classic Beef Lasagna
Red Kidney Beans
Roasted Red Potatoes
Broccoli Au Gratin
Brown Rice Pilaf
Vegetarian Eggplant Parmesan
Cannellini Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Grilled Chicken Breasts
Braised Chickpeas
Grilled Marinated Tofu

SIDES

Vegetable Couscous
Quinoa & Rice Blend
Brown Rice
White Rice
Steamed Edamame
Roasted Mushrooms
Summer Stir Fry
Garlic Broccoli

ACTION STATION

PASTA BAR

With plenty of sauces, proteins, and vegetables to choose from, let us craft the perfect meal for you.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

BBQ Chicken Sandwich Sandwiches
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Brown Sugar Muffins
Fruit & Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER

Lemon Cupcakes w/ Vanilla Frosting
Chocolate Chip Blondies

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EAST COMMONS THURSDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
Sausage Potato Scramble
Oatmeal
Turkey Sausage Links
Smoked Sausage Patties
Hash Brown Casserole

LUNCH

Hoisin Pork Loin w/ Grilled Scallions
Sweet Chili Chicken
Roasted Squash
Jasmine Rice
Steamed Broccoli
Steamed Vegetable Blend
Grilled Portabella Mushrooms
Steamed Carrots

DINNER

Chicken Pot Pie
Country Fried Steak w/ Brown Gravy
Ranch Seasoned Potatoes
Creamed Spinach
Tater Tot Casserole
Black Eyed Peas
Vegetarian Stuffed Peppers
Pinto Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Butter Chicken
Roasted Pork w/ Garlic Sauce
Grilled Teriyaki Portabella Mushrooms

SIDES

White, Brown & Fried Rice
Egg Rolls
Seasoned Noodles
Stir Fried Green Beans
Garlic Broccoli
Stir Fried Cabbage

ACTION STATION

POWER BOWL BAR

Build yourself a hearty meal with a range of filling proteins, grains, vegetables, and dressings.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Chicken Pesto Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Chili Dogs
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Blueberry Muffins
Chewy Chocolate Bars

DESSERT BAR

LUNCH & DINNER

Peanut Butter Chocolate Brownies
Cheesecake Cups

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EAST COMMONS FRIDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
Bacon Cheddar Frittata
Oatmeal
Turkey Sausage
Pork Bacon
Potatoes O' Brien

LUNCH

Baked Spaghetti
Southern Fried Pollock
Red Kidney Beans
Macaroni & Cheese
summer Squash Casserole
Sautéed Green Beans
Vegetarian Eggplant Parmesan
Herb Crusted Potatoes

DINNER

Jamaican Jerk Chicken Drumsticks
Blackened Tilapia w/ Creole Sauce
Buttered Corn
Fried Plantains
Roasted Curry Cauliflower
Caribbean Style Black Beans
Vegetarian Falafel Sliders
Steamed Vegetable Blend

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Orange Chicken
Mongolian Pork
Curries Cauliflower

SIDES

White, Brown & Fried Rice
Pot Stickers
Ginger and Garlic French Fries
Vegetable Lo Mein
Grilled Peppers and Onions
Grilled Bok Choy

ACTION STATION

SCRAMBLER BAR

Have a made-to-order custom omelet with plenty of delicious toppings to choose from.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Broccoli & Cheese Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Patty Melts
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Peach Muffins
Horchata Overnight Oats

DESSERT BAR

LUNCH & DINNER

Pecan Pie Bars
Vanilla Pound Cake

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EAST COMMONS SATURDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Grits
3 Cheese Frittata
Oatmeal
Fried Chicken Thighs
Pork Sausage Links
Tater Tots

LUNCH

Breakfast for Lunch

DINNER

Chicken Fettuccine Alfredo
Italian Herb Crusted Pork Loin
Steamed Red Potatoes
Sautéed Yellow Squash
Wild Rice Pilaf
Parmesan Polenta
Grilled Portabella Mushrooms
Kidney Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Bang Bang Chicken
Pork Chop Suey
Bang Bang Tofu

SIDES

White, Brown & Fried Rice
Pot Stickers
Egg Rolls
Seasoned Noodles
Garlic Broccoli
Steamed Oriental Vegetable Blend

ACTION STATION

TATER TOT BAR

Pile on your favorite toppings and enjoy this bite-sized classic with a custom twist!

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Crispy Chicken Sandwiches
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Banana Muffins
Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER

Confetti Cake w/ Vanilla Icing
Strawberry Shortcake Cookies

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