

EAST COMMONS SUNDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Bacon
Smoked Sausage Links
Tater Tots

LUNCH

Breakfast for Lunch

DINNER

Crispy Pork Loin
Chicken Broccoli Rice Casserole
Pinto Beans
Fresh Roasted Cauliflower
Vegetarian Couscous
Ranch Steak Fries
Vegetarian Tofu Parmesan
Red Kidney Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTRÉES

Orange Roasted Chicken
Roasted Pork w/ Garlic Sauce
Curried Chickpeas

SIDES

White, Brown & Fried Rice
Garlic & Ginger French Fries
Egg Rolls
Seasoned Noodles
Garlic Broccoli
Steamed Vegetables

ACTION STATION

MAC & CHEESE BAR

We have plenty of toppings to choose from to take your cheesy treat from ordinary to extraordinary.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Patty Melts
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Cinnamon Brown Sugar Muffins
Peanut Butter & Chocolate Chip Oats

DESSERT BAR

LUNCH & DINNER

Fudge Chocolate Brownies
Oatmeal Raisin Cookies

- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.

EAST COMMONS MONDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Turkey Link
Pork Bacon
Breakfast Potatoes

LUNCH

Baked Ziti Pasta
Baked Chicken Parmesan
Grilled Zucchini
Sautéed Fresh Green Beans
Roasted Garlic Mashed Potatoes
Broccoli Au Gratin
Vegetarian Stuffed Peppers
Steamed Vegetable Blend

DINNER

Chicken Pot Pie
Ancho Pork Loin w/ Carolina BBQ Sauce
Herb Crusted Potatoes
Baked Beans
Macaroni & Cheese
Southern Style Green Beans
Vegetarian Dirty Rice
Black Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Tikka Masala
Mongolian Beef
Steamed Edamame

SIDES

White, Brown & Fried Rice Stir Fried Cabbage
Garlic and Ginger French Fries Summer Vegetable Stir Fry
Egg Rolls
Seasoned Noodles

ACTION STATION

POWER BOWL BAR

Build yourself a hearty meal with a range of filling proteins, grains, vegetables, and dressings.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Wild Mushroom Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Beef & Bean Tacos
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Confetti Muffins
Blueberry Loaf Bread

DESSERT BAR

LUNCH & DINNER

Vanilla Cupcakes w/ Chocolate Frosting
Rice Krispy Treats

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EAST COMMONS TUESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Sausage
Pork Links
Breakfast Potatoes

LUNCH

Herb Butter Baked Tilapia
Chicken Florentine
Parmesan Polenta
Red Kidney Beans
Chili Roasted Sweet Potatoes
Sautéed Yellow Squash
Vegetarian Grilled Polenta w/ Romesco
Lima Beans

DINNER

Roasted Turkey w/ Brown Gravy
Honey Glazed Ham
Sautéed Green Beans
Chicken Dressing
Mashed Red Potatoes
Collard Greens
Vegetarian Braised Chickpeas
Grilled Portabellas

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Sweet & Sour Chicken
Pork Chop Suey
Curried Cauliflower

SIDES

White, Brown & Fried Rice
Roasted Mushrooms
Potstickers
Seasoned Noodles
Stir Fried Green Beans
Summer Vegetable Stir Fry

ACTION STATION

TATER TOT BAR

Pile on your favorite toppings and enjoy this bite-sized classic with a custom twist!

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Barbecue Chicken Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

BBQ Pork Tacos w/ Ranch Slaw
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Chocolate Chip Muffins
Banana Nut Overnight Oats

DESSERT BAR

LUNCH & DINNER

Snowball Chocolate Cake
Chocolate Chip Blondies

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EAST COMMONS WEDNESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Sausage Potato Scramble
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Hash Brown Casserole

LUNCH

Barbecue Ribs
Baked Lemon Pepper Chicken
Corn on the Cobb
Ranch Steak Fries
Creamed Spinach
Vegetarian Couscous
Vegetarian Farfalle w/ Broccoli
Cannellini Beans

DINNER

Chicken Bruschetta
Herb Encrusted Pork Loin
Lima Beans
Fried Okra
Honey Glazed Carrots
Braised White Cabbage
Pasta w/ Vegetarian Bolognese
Steamed Green Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Taco Chicken
Taco Beef
Southwestern Meatless Crumble

SIDES

Grilled Tortilla
Tortilla Chips
Mexican Rice
Refried Beans
Grilled Peppers & Onions
Beef Chili
Queso Cheese Sauce

ACTION STATION

POWER BOWL BAR

Build yourself a hearty meal with a range of filling proteins, grains, vegetables, and dressings.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Corn Dogs
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Brown Sugar Muffins
Fruit & Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER

Chocolate Cake w/ Vanilla Frosting
Butterfinger Cookies

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EAST COMMONS THURSDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Bacon Cheddar Frittata
Classic Grits
Oatmeal
Turkey Links
Smoked Sausage
Potatoes O'Brien

LUNCH

Coca Cola Roasted Pork Loin
Chicken Fettuccine Alfredo
Fried Squash
Israeli Couscous Risotto
Southern Style Green Beans
Stewed Okra and Tomatoes
Vegetarian Spinach Lasagna
Pinto Beans

DINNER

Hickory BBQ Chicken
Bacon Cheeseburger Casserole
Steamed Cabbage
Chili Roasted Sweet Potato
Green Bean Casserole
Sautéed Spinach
Vegetarian Meatless lasagna
Black Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Bang Bang Chicken
Beef & Broccoli
Sweet Chili Tofu

SIDES

White, Brown & Fried Rice
Egg Rolls
Garlic & Ginger French Fries
Seasoned Noodles
Stir Fried Cabbage
Steamed Vegetables

ACTION STATION

ASIAN NOODLE BOWLS

With plenty of toppings to choose from, let us craft the perfect custom bowl for you.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Hawaiian Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Chili Dogs
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Blueberry Muffins
Chewy Chocolate Chip Bars

DESSERT BAR

LUNCH & DINNER

Vanilla Parfait Cups
Brownie Crinkle Cookies

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EAST COMMONS FRIDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Sausage
Pork Links
Tater Tots

LUNCH

Cajun Penne Alfredo
Blackened Tilapia w/ Creole Sauce
Rice Pilaf
Macaroni & Cheese
Glazed Carrots
Corn on the Cob
Vegetarian Dirty Rice
Steamed Vegetable Blend

DINNER

Southern Fried Pollock
Slow Roasted BBQ Brisket
Pinto Beans
Fried Okra
Loaded Baked Potatoes
Spicy Vegetarian Collard Greens
Vegetarian Falafel Sliders
Wild Rice

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Grilled Chicken Breasts
Braised Chickpeas
Grilled Marinated Tofu

SIDES

Quinoa & Rice Blend
White or Brown Rice
Vegetable Couscous
Roasted Sweet Potatoes
Roasted Vegetables
Garlic Broccoli
Steamed Edamame

ACTION STATION

SOFT TACO BAR

Our Chef's name may not be Chip or Moe, but these tacos will be sure to satisfy a big appetite!

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Chicken Pesto Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Andouille Po-Boys w/ Creole Sauce
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Peach Muffins
Horchata Overnight Oats

DESSERT BAR

LUNCH & DINNER

Strawberry Cheesecake Cups
Chocolate Chip & Pecan Brownies

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EAST COMMONS SATURDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Fried Chicken Thighs
Pork Sausage
Breakfast Potatoes

LUNCH

Breakfast for Lunch

DINNER

Shrimp Scampi Pasta
Ricotta Stuffed Pasta Shells w/ Garlic Cream Sauce
Sautéed Spinach
Fried Squash
Braised Cannellini Beans
Fresh Steamed Broccoli
Vegetarian Eggplant Parmesan
Sautéed Squash

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Mongolian Chicken
General Tso's Beef
Mongolian Tofu

SIDES

White, Brown & Fried Rice
Crunchy Wontons
Garlic & Ginger French Fries
Seasoned Noodles
Garlic Broccoli
Steamed Oriental Vegetable Blend

ACTION STATION

TATER TOT BAR

Pile on your favorite toppings and enjoy this bite-sized classic with a custom twist!

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Chili Dogs
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Citrus Muffins
Honey Oatmeal Bars

DESSERT BAR

LUNCH & DINNER

Oreo Blondies
Sugar Cookies

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