

EAST COMMONS SUNDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Grilled Chicken Breast
Pork Links
Breakfast Potatoes

LUNCH

Breakfast for Lunch

DINNER

Rotisserie Pork w Honey Pecan Glaze
Creole Grilled Chicken
Israeli Couscous Risotto
Cauliflower Au Gratin
Steamed Vegetable Medley
Red Beans & Rice
Pasta w/ Vegetarian Bolognese
Steamed Cauliflower

MONGOLIAN GRILL LUNCH & DINNER

ENTRÉES

Mushroom Chicken
Mongolian Pork
General Tso's Tofu

SIDES

White, Brown & Fried Rice Stir Fried Cabbage
Garlic & Ginger French Fries Steamed Vegetables
Egg Rolls
Vegetable Lo Mein

ACTION STATION

BAKED POTATO BAR

Don't miss out on our Baked Potato Bar! Keep it simple with sour cream & chives, or go for your own fully loaded creation!

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Broccoli & Cheese Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Barbecue Chicken Sandwiches
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Blueberry & Strawberry Muffins
Banana Nut Muffins

DESSERT BAR

LUNCH & DINNER

Chocolate Mousse Cake Cups
Chocolate Chip Cookies

- If you have severe allergies to specific foods, please ask to speak to management at either of our dining halls. Our managers and chefs will work to accommodate your dietary needs.
- Ingredients available at the various made-to-order and self-serve stations are subject to change based upon availability.

EAST COMMONS MONDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Sausage Potato Scramble
Classic Grits
Oatmeal
Turkey Bacon
Pork Links
Hash Browns

LUNCH

Chicken Pot Pie
Country Fried Steak
Pinto Beans
Buttered Sweet Corn
Fried Onion Rings
Steamed Vegetable Blend
Vegetarian Stuffed Shells w/ Garlic Cream Sauce
Roasted Mushrooms

DINNER

Spaghetti & Meatballs
Marsala Roasted Chicken Thighs
Cannellini Beans
Grilled Polenta w/ Romesco
Creamed Spinach
Honey Glazed Carrots
Vegetarian Meatless Lasagna
Steamed Broccoli

MONGOLIAN GRILL LUNCH & DINNER

ENTRÉES

Bourbon Chicken
Sweet & Sour Pork
Mongolian Tofu

SIDES

White, Brown & Fried Rice
Roasted Mushrooms
Egg Rolls
Seasoned Noodles
Stir Fried Green Beans
Garlic Broccoli

ACTION STATION

ASIAN NOODLE BOWLS

With plenty of toppings to choose from, let us craft the perfect custom bowl for you.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Supreme Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Philly Steak Wraps
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Cranberry Orange Muffins
Cinnamon Apple Overnight Oats

DESSERT BAR

LUNCH & DINNER

Strawberries and Cream Cake Cups
Chocolate Chip Cookies

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EAST COMMONS TUESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Bacon Cheddar Frittata
Classic Grits
Oatmeal
Turkey Sausage Links
Pork Bacon
Potatoes O'Brien

LUNCH

Beef Stroganoff w/ Egg Noodles
Herb Grilled Chicken Thighs
Creamed Spinach
Brown Rice
Sautéed Squash & Zucchini
Braised Cabbage
Vegetarian Stuffed Peppers
Chili Roasted Sweet Potatoes

DINNER

Chicken Cordon Bleu
Roast Beef with Gravy
Red Kidney Beans
Potatoes O'Brien
Herb Roasted Mushrooms
Roasted Broccoli
Vegetarian Dirty Rice
Steamed Squash

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Teriyaki Chicken
Beef and Broccoli
Curried Cauliflower

SIDES

White, Brown & Fried Rice
Ginger & Garlic French Fries
Egg Rolls
Seasoned Noodles
Garlic Broccoli
Summer Vegetable Stir Fry

ACTION STATION

POWER BOWL BAR

Build yourself a hearty meal with a range of filling proteins, grains, vegetables, and dressings.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Bacon Cheeseburger Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Chicken Nuggets
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Chocolate Chip Muffins
Blueberry Granola Bars

DESSERT BAR

LUNCH & DINNER

Hot Fudge Brownie Cobbler
Strawberry Shortcake Cookies

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EAST COMMONS WEDNESDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
3 Cheese Frittata
Classic Grits
Oatmeal
Turkey Sausage
Pork Sausage
Tater Tots

LUNCH

Hamburger Steak w/ Mushrooms & Onions
Lemon Pepper Chicken
Buttered Corn
Garlic Mashed Potatoes
Fresh Sautéed Green Beans
Fried Squash
Grilled Portabella Mushrooms
Steamed Broccoli

DINNER

Cajun Grilled Chicken Thighs
Italian Sausage w/ Roasted Onions & Peppers
Roasted Mushrooms
Chili Roasted Sweet Potatoes
Fresh Steamed Broccoli
Sautéed Yellow Squash
Vegetarian Stuffed Peppers
Vegetarian Couscous

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Bang Bang Chicken
Moo Shu Pork
Curried Tofu

SIDES

White, Brown & Fried Rice
Roasted Egg Plant
Potstickers
Seasoned Noodles
Grilled Pineapple Slices
Steamed Vegetables

ACTION STATION

ROAST BEEF CARVING STATION

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Buffalo Chicken Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Corn Dogs
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Strawberry Muffins
Peanut Butter Overnight Oats

DESSERT BAR

LUNCH & DINNER

Lemon Pound Cake
Vanilla Pudding Cups

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EAST COMMONS THURSDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Denver Scramble
Classic Grits
Oatmeal
Turkey Bacon
Pork Bacon
Breakfast Potatoes

LUNCH

Grilled Pork Chops w/ Cilantro Cream
Jamaican Jerk Chicken Drum Sticks
Steamed Vegetable Blend
Fried Plantains
Pinto Beans
Sautéed Spinach
General Tso's Tofu
Red Kidney Beans

DINNER

Ancho Rubbed Pork Loin
Chili Rubbed Turkey Breast w/
Cranberry Glaze
Steamed Carrots
Charro Style Pintos
Roasted Garlic Mashed Potatoes
Green Bean Casserole
Hoisin Glazed Tofu
Cannellini Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Grilled Chicken Breast
Braised Chickpeas
Grilled Marinated Tofu

SIDES

Quinoa & Rice Blend
White or Brown Rice
Vegetable Couscous
Stir Fried Green Beans
Roasted Mushrooms
Garlic Broccoli
Steamed Edamame

ACTION STATION

BAKED POTATO BAR

Don't miss out on our Baked Potato Bar! Keep it simple with sour cream & chives, or go for your own fully loaded creation!

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Philly Cheesesteak Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Patty Melts
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Apple Cinnamon Muffins
Chocolate Chip Loaf Bread

DESSERT BAR

LUNCH & DINNER

Red Velvet Swirl Brownies
Rice Krispy Treats

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EAST COMMONS FRIDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Chorizo Frittata
Classic Grits
Oatmeal
Turkey Sausage Links
Smoked Sausage
Tater Tots

LUNCH

Memphis Style Baby Back Ribs
Southern Fried Fish
Steamed Red Potatoes
Baked Beans
Sautéed Spinach w/ Bacon
Rice Pilaf
Vegetarian Farfalle w/ Broccoli
Cannellini Beans

DINNER

Classic Beef Meatloaf
Ranch Baked Chicken
Herb Crusted Potatoes
Squash Casserole
Corn on the Cobb
Spicy Collard Greens
Vegetarian Falafel Sliders
Grilled Portabella Mushrooms

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

Orange Chicken
Sweet and sour pork
Bang Bang Tofu

SIDES

White, Brown & Fried Rice
Ginger & Garlic French Fries
Potstickers
Seasoned Noodles
Grilled Peppers & Onions
Summer Vegetable Stir Fry

ACTION STATION

POWER BOWL BAR

Build yourself a hearty meal with a range of filling proteins, grains, vegetables, and dressings.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Margherita Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

Buffalo Chicken Wraps
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Oatmeal & Brown Sugar Muffins
Strawberry Overnight Oats

DESSERT BAR

LUNCH & DINNER

Chocolate Cupcakes w/ Fudge Icing
Yogurt Bars

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EAST COMMONS SATURDAY'S MENU

HOME ZONE

BREAKFAST

Scrambled Eggs
Sausage Potato Scramble
Classic Grits
Oatmeal
Turkey Sausage
Pork Bacon
Hash Brown Casserole

LUNCH

Breakfast for Lunch

DINNER

Grilled Marinated Chicken Breast
Beef Shepherd's Pie
Vegetarian Couscous
Glazed Carrots
Fried Okra
Vegetarian Black Eyed Peas
Vegetarian Tofu Parmesan
Lima Beans

MONGOLIAN GRILL LUNCH & DINNER

ENTREÉS

General Tso's Chicken
Pork Chop Suey
General tso's Tofu

SIDES

White, Brown & Fried Rice
Roasted Egg Plant
Egg Rolls
Seasoned Noodles
Garlic Broccoli
Steamed Vegetables

ACTION STATION

HOT DOG BAR

With plenty of toppings to choose from, let us craft the perfect custom dog for you.

SALAD BAR

LUNCH & DINNER

Enjoy a freshly prepared Garden Salad packed with leafy greens and toppings of your choosing.

SOUP STATION

LUNCH & DINNER

Chef's Choice soups! Assorted flavors daily based on availability of seasonal ingredients.

STONE BAKED PIZZA

LUNCH & DINNER

Spinach & Feta Pizza
Veggie Pizza
Cheese Pizza
Pepperoni Pizza

DELI STATION

BREAKFAST

Enjoy delicious fresh selections of fruit, yogurt, and granola!

LUNCH & DINNER

Try one of our delicious, customizable "Grab n' Go" deli sandwich or wrap options.

GRILL STATION

BREAKFAST

Buttermilk Pancakes

LUNCH & DINNER

3 Cheese Grilled Cheese Sandwiches
Vegetarian Burgers
Turkey Burgers
Hamburgers

BAKERY STATION

BREAKFAST

Biscuits
Banana Chocolate Chip Muffins
Chewy Fruit Granola Bar

DESSERT BAR

LUNCH & DINNER

Vanilla Pound Cake
Carnival Cookies

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